

“Step by Step” Mentoring Ministry

Purpose: Spiritual growth through friendship

*“Two are better than one, because they have a good return for their work.”
Ecclesiastes 4:9*

What is the Mentoring Ministry?

It is a ministry for women of all ages based on Titus 2:3-5. It is a ministry that intentionally develops friendships among women of different generations. Women invest in the lives of each other through encouragement, guidance, listening, laughing and loving. The goal is to form strong and lasting relationships that are a source of support, growth and strength.

What is a Mentor and what do they do?

A mentor is a wise woman who is mature in faith and consistent in godly conduct.

They are willing to listen, share skills, and provide a positive perspective for life experiences.

They provide wisdom and offer a spiritually sound, safe and fun friendship to a younger woman.

“One leads simply because she knows the path a little better.”

What is a Merea and what do they do?

“Merea” is a Hebrew term that means young friend. A merea is a woman who welcomes the insight and knowledge of a more mature woman. She desires to develop certain skills and/or strengths for her personal, spiritual journey. She is looking for a woman who has dealt with the struggles she now faces.

Why have a Mentoring Ministry?

- The Lord commands us to tell the next generation – Psalms 145:4, 48:13, 71:18, and 78:4.
- Teaching what we’ve learned is the Lord’s plan for growth and maturity – Titus 2:2-5.
- Spiritual friendships are extremely valuable in a woman’s life – Proverbs 27:9 and 17.

What commitment does the Mentoring Ministry require?

- Your commitment is from March 2010 to December 2010 – about nine months.
- You agree to make contact once a week, i.e. email, calls, card, etc.
- You agree to meet once a month, i.e. church, Bible Study, fun activities, etc.
- You agree to pray for each other regularly.

What are the important Mentoring dates and deadlines?

- You can join the Mentoring Ministry from December 2010 – February 14, 2010,
- The Mentoring Prayer Team will pray over all profile sheets from February 14 – February 28.
- Mentoring Matches will be made by Monday March 8, 2010
- You and your partner attend the “Meet Your Match” covered dish dinner on Monday March 8, at 7:00pm location TBA.

How will I be “matched” with my partner?

- It is a three-step process:

STEP 1: You must complete the profile sheet in the back of this booklet, put it into a sealed envelope with women’s ministry written on the front, and turn it in at any welcome center by February 14th.

STEP 2: Your profile sheet will be prayed over for 2 weeks. By March 8th the Mentoring Prayer Team will determine the partners.

STEP 3: Come to “Meet Your Match” covered dish on Monday, March 8th.

Can I choose my Mentoring partner?

- Sorry, but no. We are allowing the Lord to make that choice. We choose best when we leave the choice to Him.

Do I have to be a member of Crossroads to participate?

- Yes, membership AND faithful attendance is required.

That we might be mutually encouraged by each others faith, both yours and mine.

Mentoring Ministry Special Events

- Monday, March 8 **Meet Your Match! 7:00pm –location TBA**
Bring your favorite potluck dish to share with a new friend
No cost or childcare
- Monday, April 5 **Mentoring –Tea Time! Tea room-7:00pm –location TBA**
- Monday, June 28 **Cheesecake Factory! 7:00pm-location, Parks Mall**

Women’s Ministry Special Events

Please plan to take your mentoring partner to these enrichment events!

- Fri- Sat. April 30-May 1 Women’s Retreat at Pine Cove Christian Camp in Tyler TX.
- Friday, September 17 Girlfriends “Fiesta” Night in Grand Hall 7-9pm
- Friday, December 10 Women’s Christmas Banquet in Grand Hall 7pm-10pm

Mentoring Prayer Team

If you’d like to participate in praying for these mentoring partnerships, please contact Phyllis Montoya at Phyllis.Montoya@crossroadschristian.net or 817-557-2277.

The Benefits of Friendship

1. Emotional

A. LOVE:

Proverbs 17:17 *A friend loves at all times, and a brother is born for adversity.*

Ask not, "Do I receive this type of friendship, but do I give this type of friendship?"

Romans 12:10 *Be devoted to one another in brotherly love. Honor one another above yourselves.* A great friend is ready to stand by at great personal expense.

B. ACCEPTANCE:

Romans 15:7 *Accept one another, then, just as Christ accepted you, in order to bring praise to God.* Acceptance is not permissiveness, but responsibility with the goal of maturity.

C. SUPPORT:

Romans 12:15 *Rejoice with those who rejoice; mourn with those who mourn.*

Proverbs 25:20 *Like one who takes away a garment on a cold day or like vinegar poured on soda is one who sings songs to a heavy heart.*

D. FREEDOM OF EXPRESSION:

James 1:19 *My dear brothers take note of this: Everyone should be quick to listen, slow to speak and slow to become angry. (Someone to share deeply with.)*

Proverbs 17:9 *He who covers an offense promotes love, but whoever repeats the matter separates close friends. (A friend overlooks an offense; does not betray a confidence.)*

E. CONSIDERATION:

Proverbs 25:17 *Seldom set foot in your neighbor's house- too much of you, and he will hate you.*

Proverbs 27:14 *If a man loudly blesses his neighbor early in the morning, it will be taken as a curse. (A friend respects your schedule so she does not frustrate you.)*

2. Spiritual

A. COUNSEL:

Proverbs 27:9 *Perfume and incense bring joy to the heart, and the pleasantness of one's friend springs from his earnest counsel. (Spiritual counsel from the Word.)*

Proverbs 27:17 *As iron sharpens iron, so one man sharpens another. (A good friend stimulates and sharpens you.)*

Proverbs 13:20 *He who walks with the wise grows wise, but a companion of fool suffers harm.*

B. SPEAKING THE TRUTH IN LOVE:

Ephesians 4:15 *Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is Christ.*

Proverbs 27:6 *Wounds from a friend can be trusted, but an enemy multiplies kisses.*

C. ENCOURAGEMENT:

Hebrews 3:13 *But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness.*

Hebrews 10:24-25 *And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another.*

Philippians 2:4 ... *look out for the interest of others* (attitude of Christ).

3. Physical

A. HELP IN WORK AND TROUBLE:

Ecclesiastes 4:9-10 *Two are better than one, because they have a good return for their work. If one falls down, his friend can help him up. But, pity the man who falls and has no one to help him up!*

B. HEALTH TO YOUR BODY:

Proverbs 16: 24 *Pleasant words are a honeycomb, sweet to the soul and healing to the bones.*

Proverbs 17:22 *A cheerful heart is good medicine, but a crushed spirit dries up the bones. (A discontent and a bitter heart in a friend dries up the vitality of a relationship.)*

Creative Ideas for Building Relationships

(How to Mentor and be Mentored)

1. Share a time when you were aware of God's presence, help or timing in your life.
2. Read a chapter in the Bible every day; share once a week what the verses said to you.
3. Read the same book, a chapter a week, and discuss what you have learned.
4. Keep a daily journal describing how you have seen God in your life that day. Share some highlights with your partner each week.
5. What concerns have been on your heart lately?
6. Pray daily for your partner. Initiate praying together.
7. As you pray about specific problems, discuss how God has been answering your prayers.
8. Write a simple note or poem expressing your love or appreciation for your partner being willing to be your friend.
9. Give a heart-felt hug or touch.
10. Could you give an encouraging word? (Proverbs 17:22)
11. Drop off a surprise gift of two mugs.
12. Give a simple green plant – to grow as your friendship grows.
13. Call to sing or wish "Happy Birthday."
14. Simple call to ask, "How are you?"
15. What is your talent? Could you make a simple memento for your partner?
16. Give a bookmark you made or bought.
17. Share a favorite dessert.
18. Meet for coffee, tea, breakfast, lunch or dinner (don't forget going for dessert).
19. Share a normal activity: a walk, sporting activity, errand, meal, etc.
20. Attend a Bible study together.
21. Can you make an apple pie, balance a budget or make bread together?
22. Go to the rodeo together.
23. Send an e-card (www.dayspring.com)
24. Have your new friend over and bake your favorite dessert.
25. Attend a local event, museum, or civic activity.

Resources on Mentoring

- *Becoming a Titus 2 Woman: A Bible Study with Martha Peace* by Martha Peace
Can be done as a study for one or a group
- *Between Women of God: The Gentle Art of Mentoring* by Donna Otto
Based on Titus 2
- *A Garden Path to Mentoring: Planting Your Life in Another & Releasing the Fragrance of Christ* by Esther Burroughs
- *The Influential Woman: How Every Woman Can Make a Difference in the Lives of Other Women* by Vickie Kraft
- *Women Connecting with Women: Equipping Women for Friend-to-Friend support and Mentoring* by Verna Birkey **Comes with a study guide**
- *Spiritual Mentoring: A Guide for Seeking and Giving Direction* by Keith R. Anderson and Randy D. Reese
- *Spiritual Mothering: The Titus 2 Model for Women Mentoring Women* by Susan Hunt
- *Women Encouraging Women* by Lucibel Van Atta
About mentoring and discipling women, with practical applications at the end of every chapter.
(Out of print, but worth trying to find at the library.)
- *Woman to Woman: Preparing Yourself to Mentor* by Edna Ellison and Tricia Scribner
A Bible study for mentors
- *Becoming a Woman of Influence: Making a Lasting Impact on Others* by Carol Kent
- *Gifts of Gold: Gathering, Training, and Encouraging Mentors* by Betty Huizenga
- *As Iron Sharpens Iron: Building Character in a Mentoring Relationship* by Howard Hendricks
- *Divine Secrets of Mentoring* by Carol Brazo
- *Guardians of the Gate – Enriching your Life Through Spiritual Mentoring* by Ann Platz
- *The Heart of Mentoring* by David Stoddard

Mentoring Leadership Team

This leadership team has been extremely helpful and dedicated to planning and praying for our Mentoring Ministry. Their support has honored the Lord and encouraged me.

I desire to extend to them my heartfelt appreciation.

Should you have questions or concerns, please feel free to call them.

Judy Lemley	817-795-1103
Karen Frederking	817-453-9088
Cynthia Tatlock	682-429-7498
Melanie Sherman	817-465-2512
Lan Smith	817-453-9921
Phyllis Montoya	817-557-2277

If you are interested in helping further develop the Mentoring Ministry, please contact Phyllis Montoya.

We are here to serve you.
Phyllis Montoya,
Women's Minister

"Look after each other so that none of you will miss out on the special favor of God."
Hebrews 12:15

Mentor

Either

Merea (young friend)

2010 Step-By-Step Mentoring Ministry

Profile Sheet

Please spend time with the Lord in prayer before completing this questionnaire.

Name: _____ Age: _____ Birthday: _____

Address: _____ City: _____ Zip: _____

Email: _____ Work Ph#: _____

Home Ph#: _____ Cell Ph#: _____

Please check which is the best way to reach you:

Email Work Home Cell Other: _____

Marital Status (circle one): S M W D Blended Family Profession: _____

Number of Children and Ages: _____

Crossroads Member Since: _____ Church Service(s) You Attend: Sunday Wednesday

Life Group Class: _____ Day of the week: Saturday Sunday

Other Church or Ministry Activities involved in: _____

Please briefly describe your salvation experience: _____

Please indicate what you desire to give/receive from your mentoring relationship by checking all that apply below:

- | | | | |
|--------------------|---|--|--|
| Spiritual: | <input type="checkbox"/> Godly / Biblical Counsel
And Wisdom | <input type="checkbox"/> Regular Accountability for
Spending Time with God | <input type="checkbox"/> Lead or Be Led in
Bible Study |
| Relational: | <input type="checkbox"/> A New Friend to do Things
with (Fun & Fellowship) | <input type="checkbox"/> Talk About General
Life Challenges & Struggles | <input type="checkbox"/> Give / Receive Insight with
Personal Growth/Difficulties |
| Practical: | <input type="checkbox"/> Homemaking/Organizational
Advice & Counsel | <input type="checkbox"/> Help with Professional/Work
Related Issues & Struggles | <input type="checkbox"/> Relationship/Marital/Child
Advice & Counsel |

Prayerfully considering time constraints, how many times per month are you able to meet with your mentoring partner:

Once a Month Twice Monthly Three Times Four Times

What situations has the Lord allowed in your life that you could share in this relationship?

Please add any other information that will help us match you with the best partner (continue on the back if necessary).

"Step by Step" Mentoring Covenant

We will make a nine-month commitment to our mentoring relationship.

We will contact each other once a week and meet face-to-face a minimum of once a month.

We will pray for each other and ask the Lord to deepen our bond of friendship.

We will spend time together, walking together through spiritual disciplines, involvement in various ministry events, or enjoying other activities together.

We will make an effort to keep our relationship ongoing, consistent and fun;
We will always ask God to be a part of it and bless it.

We will make our relationship a priority, sharing openly and honestly,
and set aside time for it in our schedules.

We will keep our sharing confidential - just between the two of us - unless we agree that it is OK to share with someone else. We will talk only about ourselves and our personal journeys.

Other promises we are making to each other:

We are committed

(Mentor)

(Merea - young friend)