

The Five Love Languages

Profile For Husbands

Pick one statement from each pair with which you most agree and circle the letter. At the bottom, in the spaces provided, count the number of each letter that you circled to find your primary love language.

1	My wife's love notes make me feel good. I love my wife's hugs.	A E
2	I like to be alone with my wife. I feel loved when my wife helps me do yard work.	B D
3	Receiving special gifts from my wife makes me happy. I enjoy long trips with my wife.	C B
4	I feel loved when my wife does laundry. I like it when my wife touches me.	D E
5	I feel loved when my wife puts her arm around me. I know my wife loves me because she surprises me with gifts.	E C
6	I like going most anywhere with my wife. I like to hold my wife's hand.	B E
7	I value the gifts my wife gives to me. I love to hear my wife say she loves me.	C A
8	I like for my wife to sit close to me. My wife tells me I look good, and I like that.	E A
9	Spending time with my wife makes me happy. Even the smallest gift from my wife is important to me.	B C
10	I feel loved when my wife tells me she is proud of me. When my wife cooks a meal for me, I know that she loves me.	A D
11	No matter what we do, I love doing things with my wife. Supportive comments from my wife make me feel good.	B A
12	Little things my wife does for me mean more to me than things she says. I love to hug my wife.	D E
13	My wife's praise means a lot to me. It means a lot to me that my wife gives me gifts I really like.	A C
14	Just being around my wife makes me feel good. I love it when my wife rubs my back.	B E
15	My wife's reactions to my accomplishments are so encouraging. It means a lot to me when my wife helps with something I know she hates.	A D
16	I never get tired of my wife's kisses. I love that my wife shows real interest in things I like to do.	E B
17	I can count on my wife to help me with projects. I still get excited when opening a gift from my wife.	D C

18	I love my wife to compliment my appearance. I love that my wife listens to my ideas and doesn't rush to judge or criticize.	A B
19	I can't help but touch my wife when she's close by. My wife sometimes runs errands for me, and I appreciate that.	E D
20	My wife deserves an award for all the things she does to help me. I'm sometimes amazed at how thoughtful my wife's gifts to me are.	D C
21	I love having my wife's undivided attention. Keeping the house clean is an important act of service.	B D
22	I look forward to seeing what my wife gives me for my birthday. I never get tired of hearing my wife tell me that I am important to her.	C A
23	My wife lets me know she loves me by giving me gifts. My wife shows her love by helping me catch up on projects around the house.	C D
24	My wife doesn't interrupt me when I am talking, and I like that. I never get tired of receiving gifts from my wife.	B C
25	My wife can tell when I'm tired, and she's good about asking how she can help. It doesn't matter where we go, I just like going to places with my wife.	D B
26	I love having sex with my wife. I love surprise gifts from my wife.	E C
27	My wife's encouraging words give me confidence. I love to watch movies with my wife.	A B
28	I couldn't ask for any better gifts than the ones my wife gives me. I just can't keep my hands off my wife.	C E
29	It means a lot to me when my wife helps me despite having other things to do. It makes me feel really good when my wife tells me she appreciates me	D A
30	I love hugging and kissing my wife after we've been apart for a while. I love hearing my wife tell me that she believes in me.	E A

A:	B:	C:	D:	E:
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A = Words of Affirmation B = Quality Time C= Receiving Gifts
D = Acts of Service E = Physical Touch

Interpreting and Using Your Profile Score

Your primary love language is one with the most references. The highest possible score is 12. You are "bilingual" if you have the same score for two. If you have a close, second place language, it means that area is important to you as well. The main benefit of this information is for couples to begin speaking to one another in each other's language. The payoff is a better connection, improved communication and even improved romance and intimacy.

The Five Love Languages

Profile For Wives

Pick one statement from each pair with which you most agree and circle the letter. At the bottom, in the spaces provided, count the number of each letter that you circled to find your primary love language.

1	Sweet notes from my husband make me feel good. I love my husband's hugs.	A E
2	I like to be alone with my husband. I feel loved when my husband washes my car.	B D
3	Receiving special gifts from my husband makes me happy. I enjoy long trips with my husband.	C B
4	I feel loved when my husband helps with the laundry. I like it when my husband touches me.	D E
5	I feel loved when my husband puts his arm around me. I know my husband loves me because he surprises me with gifts.	E C
6	I like going most anywhere with my husband. I like to hold my husband's hand.	B E
7	I value the gifts my husband gives to me. I love to hear my husband say he loves me.	C A
8	I like for my husband to sit close to me. My husband tells me I look good, and I like that.	E A
9	Spending time with my husband makes me happy. Even the smallest gift from my husband is important to me.	B C
10	I feel loved when my husband tells me he is proud of me. When my husband helps clean up after a meal, I know that he loves me.	A D
11	No matter what we do, I love doing things with my husband. Supportive comments from my husband make me feel good.	B A
12	Little things my husband does for me mean more to me than things he says. I love to hug my husband.	D E
13	My husband's praise means a lot to me. It means a lot to me that my husband gives me gifts I really like.	A C
14	Just being around my husband makes me feel good. I love it when my husband gives me a massage.	B E
15	My husband's reactions to my accomplishments are so encouraging. It means a lot to me when my husband helps with something I know he hates.	A D
16	I never get tired of my husband's kisses. I love that my husband shows real interest in things I like to do.	E B

17	I can count on my husband to help me with projects. I still get excited when opening a gift from my husband.	D C
18	I love my husband to compliment my appearance. I love that my husband listens to me and respects my ideas.	A B
19	I can't help but touch my husband when he's close by. My husband sometimes runs errands for me, and I appreciate that.	E D
20	My husband deserves an award for all things he does to help me. I'm sometimes amazed at how thoughtful my husband's gifts to me are.	D C
21	I love having my husband's undivided attention. I love that my husband helps clean the house.	B D
22	I look forward to seeing what my husband gives me for my birthday I never get tired of hearing my husband tell me that I am important to him.	C A
23	My husband lets me know he loves me by giving me gifts. My husband shows his love by helping me without me having to ask.	C D
24	My husband doesn't interrupt me when I'm talking, and I like that. I never get tired of receiving gifts from my husband.	B C
25	My husband is good about asking how he can help when I'm tired. It doesn't matter where we go, I just like going places with my husband.	D B
26	I love cuddling with my husband. I love surprise gifts from my husband.	E C
27	My husband's encouraging words give me confidence. I love to watch movies with my husband.	A B
28	I couldn't ask for any better gifts than the ones my husband gives me. I love it that my husband can't keep his hands off me.	C E
29	It means a lot to me when my husband helps despite being busy. It makes me feel really good when my husband tells me he appreciates me.	D A
30	I love hugging and kissing my husband after we've been apart for a while. I love hearing my husband tell me that he missed me.	E A

A:	B:	C:	D:	E:
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